

NEWS LETTER

JUNE 2016

Message from the CEO

It is nearly a year since Professor Brien Holden passed away. A pioneer in the eye health field, he was a true humanitarian who did a great deal to provide eye care to underprivileged individuals worldwide. Although he is no longer with us, his legacy will live on especially when it comes to what he has done for eye care in India.

IVI's objective to make a practical difference to the lives of underprivileged children and adults with uncorrected refractive error is gaining even more momentum. Thanks to the generosity of our many supporters including the Australian Consul General - Chennai, Australian Consul General - Mumbai, CooperVision, Essilor Vision Foundation and Optometry Giving Sight, we have been able to screen over 35,000 adults and 23,000 children, and provide free spectacles to those who need them. I greatly look forward to welcoming more partners to join this campaign, since the need is so high and the consequences are life changing for those affected. A simple pair of spectacles can make a huge difference, and together we can reach all those in need.

The fourth Young Leaders Program (YLP) kicked off two weeks ago in Hyderabad and IVI was glad to welcome our new batch of YLP candidates. They show great leadership potential, and determination to make a difference for India when it comes to eye care. Along with past candidates they now comprise a group of 35 eye care professionals committed to improving Optometry in India. Interacting with them makes me very confident that Indian Optometry has a very bright future indeed.

Apart from providing vision screening services, IVI strives to bring attention to those who suffer from impaired vision. I am very pleased that we were able to celebrate International Yoga Day, on 21 June, at the St. Louis School for the Deaf and Blind through "Yoga in the Dark." IVI and 136.1 Yoga Studio partnered with the school for this innovative program to bring activities the average sighted person takes for granted to students whose vision is impaired.

We are also planning our next "Walk in the Dark" in partnership with Essilor India Pvt Ltd in Bengaluru on 16 October and look forward to seeing many of



our Bengaluru friends join the walk. We constantly work on innovative awareness initiatives and look forward to working with you if you have an out of the box idea on eye health awareness.

Preparations are gearing up for the second World Congress of Optometry at Hyderabad, from 11 to 13 September 2017. Please do pencil the dates in your diary! The whole Optometry world will be in Hyderabad and you don't want to miss this global opportunity.

Vinod Daniel

Contact Lens Residency Program

The Contact Lens residency program at L V Prasad Eye Institute consisted of four phases to equip the trainee with the required skill sets for an independent practice. Ms Meenakshi Jha, Mr Reekham Lal Sahu and Ms Faiza Bhombal completed the program over the time frame March 2013 to May 2016, with each residency spanning 2 years. They were selected for this program after a rigorous screening process.

During training the residents were actively involved in setting up an exclusive Contact Lens clinic in Vijayawada and Paloncha secondary centres of LVPEI and provided services to over 1,400 patients. In addition, the residents presented their clinical studies at leading conferences, and were also involved as clinical instructors for undergraduate students of Brien Holden Institute of Optometry and Vision Sciences.

IVI acknowledges the support of Optometry Giving Sight in association with ALCON Foundation for funding this program



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IVI is an initiative of





Eye See & I Learn (May and June)

IVI screened 335 underprivileged children in Chennai and distributed 17 spectacles. These vision screening programs were conducted at Anaikkum Karangal orphanage, Nanganallur; Chennapuri Annadana Samajam orphanage, Park town; CSI Primary School, Athanur and PV Rao High School, RA Puram.

Further, IVI screened 1,413 underprivileged children in the semiurban and rural areas of greater Chennai in June - Perumalpattu, Veppampattu, Meppur, Adyar, Kakkan colony, KK Nagar; Corporation Primary School, Taramani; Thavam Thiru Nagamani Adigalar Primary School, Perungudi and Vaanmuhil trust, Srivilliputhur.





IVI acknowledges the support of CooperVision and Optometry Giving Sight for funding this program

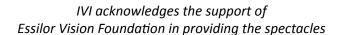
IVI also screened 120 underprivileged children at Elim Adventist Home in Hastinapuram, Hyderabad and 12 children diagnosed with refractive errors will be given free spectacles.

IVI Optometrists Mr Padhmanaaban, Mr Chandra Shekher, Ms Sony Singh, Mr Revanth Kumar along with IVI summer interns Ms Anuhya N, Ms Shweta Sharma, Mr Vishnupriyan and Mr Johnson Singh conducted the vision screening programs. Optometrist Ms Merita Rani, helped with the vision screening at Srivilliputhur.

Eye See & I Work (May and June)

IVI screened 1,191 people from underprivileged communities and daily wage workers across semi-urban and rural areas of Villivakkam, Perumalpattu, Veppampattu, Meppur, Adyar, Kakkan colony, KK Nagar, fishermen community in Palavakkamkuppam, Chinnaneelankarai, Injambakkam in Chennai; beedirolling and fire-cracker workers in Srivilliputhur, Virudhnagar in June. 680 people diagnosed with refractive errors will be provided with free spectacles and those diagnosed with other ocular ailments will be referred to a higher care facility.

IVI partnered with Krupa Foundation and Montfort Community Development Society (MCDS) in Chennai, and Vaanmuhil Trust in Srivilliputhur to organise these community vision screening programs.







Refractive Prescribing for Athletes

Addressing the visual needs of athletes in various sports, the fourth online seminar for Optometry professionals was conducted on 19 May. The one hour seminar was facilitated by Professor Graham Erickson (OD, FAAO, FCOVD), Pacific University College of Optometry - Oregon, USA.

The seminar was attended by Optometry professionals including practitioners, educators and postgraduate students across the country. Professor Erickson discussed options to enhance visual performance by using methods for refractive compensation, sports-protective eye wear, filters to enhance visibility, visual performance training and nutrients that enhance visual performance. The visual enhancement training video that supplemented his talk was greatly appreciated.

IVI acknowledges the support of Brien Holden Vision Institute Foundation and Optometry Giving Sight in funding the program

Donate Online

Your contribution of INR 500/- will help to screen the vision of 20 underprivileged children and provide spectacles to those in need; or offer opportunity to an individual from the under privileged community to work to their full potential through a pair of spectacles.

You could also donate towards IVI initiatives in the following key areas:

- Leadership development
- Optometry education & research
- Generating awareness about eye care

To donate online and for additional information, please visit www.indiavisioninstitute.org.

All donations shall qualify for deductions u/s 80 G of the Income Tax Act 1961.

Young Leaders Program IV: 2016-17

IVI launched the fourth batch (2016-17) of the Young Leaders Program (YLP) at Hyderabad with a two-day workshop from 11 to 12 June. It was also time to bid farewell to the previous YLP group with the concluding workshop in a three-workshop program.

A panel of distinguished resource persons spoke at the workshop on a range of subjects including Leadership in Community Based Practice; Empowering Youth Leadership; Taking Eye Care to Rural India; Leading a business: The importance of being innovative & how to deal with adverse situations, and many more. Speakers included Dr Santosh Moses - OEU, Mr Vivek Mendonsa - Lawrence and Mayo, Mr M V Ramachandrudu - WASSAN, and Mr Arun Daniel Yellamaty - Youngistaan Foundation. YLP Alumni Mr Uday Kumar and Ms Sheethal Pai recounted their YLP journey. The workshop also included leadership games and activities along with a group discussion round. The fourth batch comprises:

- 1. Anup Zimba Operation Eye-sight Universal, Siliguri
- 2. Niranjan Sharan Lawrence & Mayo, Hyderabad
- 3. Nirav Mehta Hari Jyot College of Optometry, Navsari
- 4. P. Hari Kumar L V Prasad Eye Institute, Hyderabad
- 5. Phani Krishna Athreya Amity Medical School, Gurgaon
- 6. Ramesh Shukla Riti Eyecare Hospital, Rewari
- 7. Riswan Rasheed Giridhar Eye Institute, Kochi

- 8. Sneha Aggarwal R.P. Centre of Ophthalmic Sciences, AIIMS, New Delhi
- 9. Venkatesh L. Shreya Eyecare Centre, Hyderabad
- 10. Sandhya Shekar India Vision Institute



These young professionals also acquired leadership skills through first-hand experience by undertaking projects. IVI also actively engages with the YLP alumni through various IVI initiatives.

IVI acknowledges the support of Brien Holden Vision Institute Foundation and Optometry Giving Sight in funding the program

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Yoga in the Dark

Joining millions of yoga enthusiasts worldwide, 55 visually impaired students celebrated yoga on International Yoga Day on 21 June. India Vision Institute, St. Louis School for the Deaf and Blind and 136.1 Yoga Studio partnered to bring yoga to these students. The event was conducted at the auditorium of St. Louis School for the Deaf and Blind, Adyar.

The students enjoyed the novel experience and said that they would like to continue practising yoga. Almost all of them had never experienced yoga



prior to this class. Instructor Kalaiarasi led them through various asanas and breathing exercises. The students found the yoga class mentally relaxing as well as physically refreshing, and they were happy to get the chance to try out yoga.

IVI Job Portal - www.eyecarejobs.in

Launched in September 2014, IVI's sector-specific job portal is available free of cost to both recruiters and job seekers. This industry and education support initiative has over 300 registered members.

Optometry students and practitioners across India are invited to sign up. Companies wishing to advertise a current job opening can forward details to murali.krishna@indiavisioninstitute.org or call 040 - 2354 8269

Research: An Approachable Territory

The seventh session of the IVI Online Series for Institutional Development was conducted on 26 May. Focusing on advantages of Vision Science research in India, challenges faced and ways to overcome them; and tapping appropriate funding opportunities, the session was facilitated by Dr Shrikant Bharadwaj - Scientist & Director, Brien Holden Institute of Optometry and Visual Sciences, Hyderabad.

Dr Bharadwaj highlighted the unique opportunities available in India and how the culture of research in Vision Science is slowly but surely progressing in the Indian Optometry scenario.

IVI acknowledges the support of Brien Holden Vision Institute Foundation and Optometry Giving Sight in funding the program

IVI is a member of

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IVI Online Series for Institutional Development Wraps Up

The IVI Online Series for Institutional Development wrapped up on 14 June with a session on "Partnerships and Networking" by Mr Vinod Daniel, CEO of IVI. This final session focused on recognizing the need for partnerships and networking to build an organisation of repute and further develop it. Mr Daniel listed the factors that reinforce networking for Optometry professionals. The participants learned how to connect the dots, go out of their way to make potentially promising connections, believe in the power of networking and the dos & don'ts of networking. He also emphasized effective "cross cultural" communication as the key to success in today's age of globalisation while outlining the challenges associated with it.

The Online Series for Institutional Development was an eight session series comprising hour-long seminars delivered online by renowned facilitators across the globe, including Professor Kovin Naidoo, Dr Luigi Bilotto, Ms Helen Dalton and Mr Kesi Nadoo from BHVI; Ms. Lakshmi Shinde - OCI; Dr Shrikant Bharadwaj - LVPEI and Mr Vinod Daniel - IVI.

Bharadwaj - LV

















IVI Summer Internship

The third batch of interns completed their internship at IVI Chennai and Hyderabad from 1 to 30 June. Out of 128 applicants this year, 4 were selected for the summer internship.

Chennai

- •D. Vishnupriyan Shri Prakash Institute of Optometry, Chennai
- •Ningthoujam Johnson Singh Bansara Institute of Ophthalmic Sciences, Shillong

Hyderabad

- Anuhya Nalluri University of Hyderabad, Hyderabad
- •Shweta Sharma Amity Medical School, Gurgaon

The internship involved working on various tasks such as literature search, questionnaire design, conducting surveys, and data collection and analysis. They also assisted in vision screening programs. All the interns were awarded certificates and IVI mementos along with the declared stipend. Offered annually, the summer program provides students with field experience beyond the usual clinics. Since 2014, eight students have gained experience under this program.





"I want to thank the whole IVI team for the time they spent with me discussing my professional development. Vision screening camps were very helpful and the program provided me with insightful constructive criticism of my work. The survey on job selection after graduation for Optometry students was quite interesting and helpful." – Johnson Singh, IVI Summer Intern, Bansara Institute of Ophthalmic Sciences, Shillong "I learned the right way of taking the correct history of patients, the examination of patients, handling the instruments and I came to know about myself, where my knowledge is lacking and where I have to improve. It was a wonderful experience and I thank IVI for involving me in this program." —

"I was very lucky to be part of the IVI team. The IVI work environment is very friendly and helpful. I learned a lot from all my projects. I found this is the best platform to polish oneself as a professional." – Shweta Sharma, IVI Summer Intern, Amity Medical School, Gurgaon

Vishnupriyan D, IVI Summer Intern, Shri Prakash Institute of Optometry, Chennai

"I had a great time working with the IVI team. As I worked on OptDistList and Resource platform, I gained knowledge on the subject. I got to know different Optometry schools, organisations, industries and websites. It was a very friendly atmosphere and great experience at IVI." – Anuhya Nalluri, IVI Summer Intern, University of Hyderabad, Hyderabad

- 1. Anitha Arvind RJN School of Optometry, Gwalior
- 2. Amit J Shinde Bharti Vidyapeeth, Pune
- 3. Maheswari Srinivasan Shri Prakash Institute of Optometry, Chennai
- 4. Kamal Pant UP RIMS & R, Saifai
- 5. Monica Chaudhry Amity Medical School, Gurgaon
- 6. Moumita Sarkar-Netramandir Optometry Institute, Mumbai
- 7. Navneet Sharma SGHS Charitable Eye Hospital Trust, Mohali
- 8. Soumendra Nath Ghosh NSHM Knowledge Campus, Kolkata
- 9. Vidyut Rajhans MES College of Optometry, Pune

After the concluding session, they were awarded series completion certificates. The online series familiarised them with the strategic areas for strengthening and developing Optometry schools.

IVI acknowledges the support of Brien Holden Vision Institute Foundation and Optometry Giving Sight in funding the program



IVI Vision Screening Counter

	School	Community	Total
No. of Programs	72	18	90
Individuals Screened	23,128	35,435	58,563
Spectacles Distributed	1,463	4,530	5,993



Upcoming Programs and Registration Deadlines

	Program	Date and Venue	Registration Deadline
1	Cracking the Code - Insight into Careers in Optometry (Online Career Counselling) facilitated by Dr Ramesh S Ve, Manipal University	22 July	21 July
2	National Quiz - Wizard of the Year (First Round)	29 July	Open Entry
3	Workshop on Optics and Dispensing facilitated by Dr L S Varadharajan and Mr Saif Ahmed	29 to 30 July at IVI, Hyderabad	27 July

"What people say about IVI"

"This is a great initiative to bring about awareness for eye care" – Mr Shiv Kumar J, CEO, Essilor India Pvt Ltd on IVI's first public awareness board at Palavakkam beach, Chennai

"It was a pleasure to be a part of this program. This is one of the best online programs I have attended so far. I thank IVI for providing this opportunity"- Ms Vidyut Rajhans, Principal, MES College of Optometry, Pune

"A superb initiative by IVI to guide and provide knowledge to institution heads with respect to professional and infrastructural development. Each session was unique in its way. I thank all the mentors and IVI for coordination"- Ms Moumita Sarkar, Principal, Netra Mandir Optometry Institute, Mumbai.

"The spectacles provided through the vision screening campaign are of good quality. The children, their parents and teachers are very happy as this program has provided eye health awareness and helped the children in their academic performance" - Mr Saravanan, HOD Optometry Dept, Vasan Institute of Ophthalmology & Research, Salem

"I completed my 2 year Contact Lens residency program in September 2015. I would like to extend my deepest gratitude to Mr D Srikanth, Mr Preetam Kumar, Mr Parathsarthi and Mr Shyam Sunder, for always being ready to guide me in any case. Owing to this I am practising individually with confidence in almost all types of Contact Lenses and prescribing wherever needed." – Mr Reekham Lal Sahu, Optometrist

"The Contact Lens residency program gave me very good experience as a mentor. I would like to congratulate all my residents (Meenakshi, Reekham and Faiza) for successful completion of the program. I had a very good experience with them during the course and they were very helpful in developing the contact lens practice in other tertiary centres of LVPEI" — Mr D Srikanth, Contact Lens Consultant, L V Prasad Eye Institute

Current Project Supporters



















YLP Participants - Batch III (2015 - 2016)

Mr Anton Decruse Waanbah -Bansara Institute of Ophthalmic Sciences, Shillong

Mr Anand Kumar - L V Prasad Eye Institute, Vishakhapatnam

INDIA VISION INSTITUTE

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